



Chicago-Area Neurosurgeon Mina Foroohar, MD, FACS, Launches Northwest Neurosurgery Institute Web Site for Patients

Mina Foroohar, MD, FACS, a board-certified neurosurgeon in Arlington Heights, Ill., has developed an educational web site for her private practice, Northwest Neurosurgery Institute, LLC. The site offers in-depth, yet plain-English information on brain and spine conditions and state-of-the-art treatment options.

Arlington Heights, IL ([PRWEB](#)) July 19, 2011 -- Chicago-area board-certified neurosurgeon [Mina Foroohar, MD, FACS](#), has launched a new web site, www.northwestneurosurgery.com. This informative site is a resource on leading-edge treatments for patients with brain and spine conditions.

Dr. Foroohar's private practice, Northwest Neurosurgery Institute, LLC, is affiliated with Northwest Community Hospital in Arlington Heights, Ill. "My office is just 25 miles from downtown Chicago and 12 miles from O'Hare International Airport," she notes.

The new web site features a series of interviews with Dr. Foroohar in which she explains brain and spine tumors, traumatic brain injuries and hematomas, neck and back injuries, as well as herniated discs and spinal stenosis. There is also information on peripheral nerve conditions such as carpal tunnel syndrome and ulnar neuropathy.

Although the web site covers complex medical issues, it is easy to understand—and offers immediate help for readers who come across an unfamiliar word. "The site includes an instant glossary with more than 80 simple definitions of medical terms, from 'acute' to 'vertebral body,'" Dr. Foroohar explains. "Mouse over any glossary term lightly double-underlined in blue and the definition will appear."

The site also offers information on neck and back surgery. "Most people think of orthopedic surgeons when they think of back surgery," Dr. Foroohar acknowledges. "But neurosurgeons also perform surgery on the spine, including the neck and back.

"Neurosurgeons offer precise microsurgical techniques different than the methods orthopedic surgeons use," she explains. "So when neurosurgeons do back surgery, we treat the spine like the brain. There's a difference."

Dr. Foroohar specializes in neck and upper-back surgery, and is one of very few neurosurgeons to perform [lumbar spine, or lower back, fusion surgery](#) in partnership with an orthopedic surgeon. For these procedures, Dr. Foroohar teams with [Richard Mannion, MD, FACS](#), of Northwest Orthopedic Surgery, SC, in Arlington Heights, Ill.

"Most neurosurgeons and orthopedic surgeons do not tend to collaborate since it does result in splitting the surgical fee," Dr. Foroohar explains. "Dr. Mannion and I are both there for the entire procedure—but we're getting paid half of what we would have gotten if we had done the surgery by ourselves."

The Northwest Neurosurgery web site explains [CyberKnife® non-invasive radiosurgery](#), advanced technology for treating benign and malignant tumors. "CyberKnife® is the world's only robotic radiosurgery system that treats tumors throughout the body non-invasively," says Dr. Foroohar, "including hard-to-reach brain tumors that were once considered inoperable."



Dr. Foroohar also performs brain surgery using [Brainlab intraoperative image guidance](#) and intraoperative brain mapping—and is one of very few neurosurgeons to use the non-shave hair technique. “This is especially important for younger patients—women in particular,” she says. “I try to shave the head as little as possible to allow patients to continue with their normal life after surgery.”

Patients in the Chicago area have many choices of surgeons and hospitals. “My private practice offers virtually every advantage patients expect to find only at a large academic medical center,” Dr. Foroohar explains. “Plus, we provide something not found at downtown hospitals: a peaceful, unhurried office environment and office staff dedicated to giving each patient personal attention.”

Dr. Foroohar is one of only 203 woman neurosurgeons in America. “Only one in 20 board-certified neurosurgeons in the U.S. is a woman,” she notes. Her web site offers information on women in neurosurgery, as well as links to consumer-friendly resources for further reading on topics from brain tumors to spinal disorders.

Northwest Neurosurgery Institute, LLC, is a private neurosurgery practice founded by Mina Foroohar, MD, FACS, in 2006. Dr. Foroohar, who has been in practice since 2001, is board-certified by the American Board of Neurological Surgery and is a fellow of the American College of Surgeons. For more information, call Northwest Neurosurgery Institute at 847.398.9100 or visit www.northwestneurosurgery.com

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